



Bachelor of Science (B.S.)
Exercise Science
with optional Athletic Training Specialization

Core Area	Howard College Core Requirements	Hours	Term	Grade
010	ENGL 1301 - Composition I	3		
010	ENGL 1302 - Composition II	3		
020	MATH 1314 – College Algebra	3		
030	BIOL 2301/1101 - Anatomy & Physiology I	4		
030	BIOL 2302/1102 - Anatomy & Physiology II	4		
040	ENGL 23XX - Sophomore Literature	3		
050	*Creative Arts Core Course	3		
060	HIST 1301 - History of US I	3		
060	HIST 1302 - History of the US II	3		
070	GOVT 2305 - Federal Government	3		
070	GOVT 2306 - Texas Government	3		
080	PSYC 2301 –General Psychology	3		
090	CHEM 1311/1111 – General Chemistry I	3		
090	SPCH 1315 - Public Speaking	3		
	Additional Courses to Count Towards Electives at HC			
	PHED 1301 – Intro to Physical Fitness & Sport	3		
	PHED 1304 – Personal / Community Health	3		
	CHEM 1312/1112 – General Chemistry II	4		
	Physical Activity and/or **Electives	6		
	EDUC 1100 - Learning Framework	1		
Howard College hours transferable towards ASU Degree		60		

After completion of all classes outlined above, the student may be eligible for **Associate of Science or Arts degree from Howard College**

Howard College may not teach all classes every semester. Please refer to the Class Schedule available on the Howard College website concerning course rotation. If you do not see a course listed on the schedule, please contact an HC advisor for more course options.

Kinesiology students interested in physical or occupational therapy are encouraged to choose this degree option.

*HC Core Curriculum: http://catalog.howardcollege.edu/preview_program.php?catoid=9&poid=1439

**Pre- Physical Therapy students are recommended to take PSYC 2314, BIO 1306/1106 or 1307/1107. Only 6 hours of elective classes from Howard College will count towards electives at ASU.

Transfer Information

Degree Requirements classes may be subject to change. Substitutions and exceptions may be available based on individual circumstances. For specific questions about how your classes may transfer to ASU, please contact the ASU Transfer Office for more information.

ASU Transfer Office

Transfer@angelo.edu

325-942-2041

Career Opportunities

The exercise science program prepares you for career choices in clinical and/or commercial exercise settings. Upon completion of the program, you are eligible to test for a variety of certifications offered by the American College of Sports Medicine (ACSM) and the National Strength and Conditioning Association (NSCA).

Below is an incomplete but representative list of kinesiology-related careers. Most require certification, licensure and/or graduate degrees.

Athletic administrator	Physical therapist
Biomechanics	Professor of kinesiology
Cardiac rehabilitation specialist	Recreation director
Chiropractic physician	Recreational therapist
Coach	Sports management/marketing
Exercise physiologist	Strength and conditioning specialist
Fitness instructor/director	Personal trainer
Occupational therapist	

Department of Kinesiology

kinesiology@angelo.edu

325-942-2173

For a full list of majors and more information on ASU admissions requirements, please visit our website at myfuture.angelo.edu/easytransfer